CHAPTER 15
PART 7
6-on-5
SHOOTING SEQUENCES
Introduction

The passer must look for the freeman. Someone becomes open on every pass. When a freeman is found, the passer must throw the ball to the open player.

One of the best way to find the open man is to use passing sequences.
Introduction

There are six locations to find open men on the 6-on-5. Everyone has to be aware of how a pass creates a freeman.

Certain pass sequences create specific freeman. Know them!
Introduction

The ball is blindly passed around from player to player without any thought of finding the open man and scoring.

So often at the age group and high school level there is no thinking on the 6-on-5.
Introduction

The ball is poorly thrown from one player to another, dropped, never faked and then shot when the guard and goalie are set up on the shooter.

No wonder the 6-on-5 never scores.
15. 6-on-5 SHOOTING

The passer must look for the freeman. Someone becomes open on every pass.

When a freeman is found, the passer must immediately throw the ball to open player.
15. 6-on-5 SHOOTING

Find the Freeman and Pass to Him or Her

Freeman is on the:

Corners 1, 6  (EU 5, 1)
Posts 2, 3    (EU 6, 3)
Flats 4, 5    (EU 4, 2)

*EU stands for European Union
15. 6-on-5 SHOOTING

US five basic 6-on-5 open man situations:

1. **1-6** Shot (right corner-left corner)
2. **1-3** Shot (left corner-left post)
3. **5-2** Shot (left flat-right post)
4. **4-3** Shot (left flat-right post)
5. **6-2** Shot (left corner-right post)
15. 6-on-5 SHOOTING

European five basic 6-on-5 open man situations

1. **5-1** Shot (right corner-left corner)
2. **5-3** Shot (left corner-left post)
3. **4-2** Shot (left flat-right post)
4. **4-3** Shot (left flat-right post)
5. **1-3** Shot (left corner-right post)
15. 6-on-5 SHOOTING

1-6 1-Righthander to 6-Lefthander

The corner passers 1 and 6 (EU 5-1) pass the ball back and forth to find the open man on the corner of the open post, 2, 3 (EU 6, 3).

Someone is open inside or in the corner.
15. 6-on-5 SHOOTING

3. **5-2** Shot (left flat-right post)

The passer on the perimeter, 5 (EU 2), the right flat Sees that the left post is open, 2 (EU-6) and passes inside for for the shot.
15. 6-on-5 SHOOTING

1-3 Right-hand to right post (EU 5-3)

The 1-righthander passes inside to the 3-right post (EU-3) for the score. The 1-passer reads the position of the middle guard X-2 and the right corner guard X-3 to see if the post is open.
15. 6-on-5 SHOOTING

4-3  Outside left to inside right post (EU 4-2)

The outside 4-left passer sees the middle guard X-2 is off his man and passes into the 3-right post for the score.

This is a difficult pass to complete.
15. 6-on-5 SHOOTING

6-2 Left-hander to inside left post (EU 1-6)

The 6-left-hander sees the middle guard X-2 is out of position and the left corner guard X-1 is off his man and passes the ball inside to 2-left post.
15. 6-on-5 SHOOTING

1-6 PASS
(Euro 5-1)
15. 6-on-5 SHOOTING

1-6 PASS
(Euro 5-1)
15. 6-on-5 SHOOTING

6-2 PASS
(EU 1-6)
15. 6-on-5 SHOOTING

6-2 PASS
(EU 1-6)
15. 6-on-5 SHOOTING

1-3 PASS
(Euro 5-3)
15. 6-on-5 SHOOTING

1-3 PASS

(Euro 5-3)
15. 6-on-5 SHOOTING

5-2 PASS

(EU 2-6)
15. 6-on-5 SHOOTING

5-2 PASS
(EU 2-6)
15. 6-on-5 SHOOTING

4-3 PASS
(Euro 4-3)
15. 6-on-5 SHOOTING

4-3 PASS
(Euro 4-3)
6-on-5 Question & Answer

1. The purpose of the 6-on-5 is to pass the ball around until finally someone shoots.
   True
   False

2. The purpose of the 6-on-5 is find the freeman.
   True
   False

3. The purpose of the 6-on-5 is to score.
   True
   False
6-on-5 Q & A

4. A 1 to 6 pass creates a freeman in what positions?
   A. 6
   B. 2, 3
   C. 1, 6, 2, 3

5. Long 1-6 creates an open player on the post, 2 or 3.
   True
   False

6. The 1 to 3 pass is from the righthander to right post.
   True
   False

7. The 6-to-2 pass is from the lefthander to right post.
   True
   False
6-on-5 Q & A

8. The 5-2 pass is from the right flat to left post.
   True
   False

9. The 4-3 pass is from the left flat to the right post.
   True
   False

10. The 4-3 is a very difficult pass to make.
    True
    False
6-on-5 Q & A Answers

1. F  6. T
2. T  7. F
3. T  8. T
5. T  10. T
END

Chapter 15

Part 6

Based on Science of Shooting books. Books available from lulupress.com. jimsolumsos@yahoo.com

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